

Grapes Chile

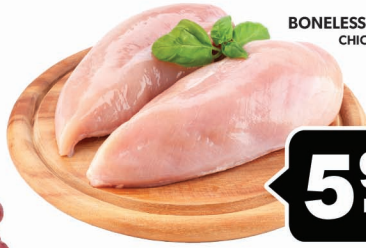
OUTSTANDING
RED and GREEN GRAPES
Chile #1 • 7.69 kg



**XL
SIZE**

3.49
lb

**HOT
DEAL**



FRESH
BONELESS SKINLESS
CHICKEN BREAST
13.21 kg
Family Pack

5.99
lb



MAPLE LEAF
ZINGER CHICKEN WINGS
2 kg • Sorry, no rainchecks

HOT DEAL
29.99



PLUMP RIPE
BLACKBERRIES
and BLUEBERRIES
Mexico #1
6 oz clamshell

2/\$5

**HOT
DEALS**

THE LITTLE
POTATO COMPANY
LITTLE POTATOES
PEI #1
1 lb trays • Assorted

3.99



MAPLE LEAF
WIENERS
375g
Assorted

2.99
HOT DEAL



PURITY JAM JAMS or CREAM CRACKERS
350-470g • Assorted

CHAPMAN'S FROZEN YOGURT 2 L NO SUGAR
ADDED ICE CREAM 1 L NO SUGAR
ADDED NOVELTIES 4-6 pk or NOVELTIES 8-20 pk • Assorted

KRAFT CHEESE SINGLES
410g • Assorted

DEMPTER'S
HOT DOG or HAMBURGER
BUNS 8 pk • Assorted



SAVE \$1.80
2.99
PARKAY MARGARINE
427g • Reg. 4.79

4/\$5

2/\$6.50

2.99

2.99

FAVORITE CANNED FRUIT
398ml • Assorted

LAY'S POTATO CHIPS 235g • Family size • Assorted

PHILADELPHIA
CREAM CHEESE DIP
227g • Assorted



**HOT
DEALS**

2/\$5



CHRISTIE SNACKING CRACKERS 175-368g • Assorted

COKE PRODUCTS 24x355ml • Assorted

MINUTE RICE
350g • Regular only

Fresh Produce



RED RIPE STRAWBERRIES
California #1 • 1 lb clamshell

4⁹⁹

SWEET SUCCULENT
MANGOS Mexico #1

2/\$5



PLUMP RIPE
HOT HOUSE
TOMATOES
Ontario #1
4.39 kg

1⁹⁹
lb



1⁴⁹
lb

SWEET JUICY
SEEDLESS WATERMELON
US #1 • 1/2's and 1/4's
3.28 kg



4/\$5

ZESTY LEMONS
South Africa #1



2⁹⁹
lb

SWEET BELL
ORANGE,
YELLOW and RED BELL PEPPERS
Ontario #1 • 6.59 kg



.99

FRESH LIMES
Mexico #1

SWEET
CRUNCHY
HONEYCRISP
APPLES
Washington #1
6.59 kg

2⁹⁹
lb



FRESH EXPRESS
COLESLAW or
GARDEN SALAD
US #1
12-14 oz bags



2⁹⁹

BBQ ready for the
Long weekend!



4/\$5

SWEET
PEACHES
AND CREAM
CORN
Florida #1

**HOT
DEAL**



WHOLE WHITE
MUSHROOMS
Ontario #1
8 oz cello

2/\$6

SWEET VIDALIA
ONIONS
Georgia #1
5.49 kg



2⁴⁹
lb



1⁹⁹
lb

FRESH
EGGPLANT or
GREEN ZUCCHINI
Mexico #1 • 4.39 kg

Breakfast



MINUTE MAID ZERO SUGAR JUICE
1.54L • Assorted

3⁹⁹



DANONE OIKOS GREEK
YOGURT 4 pk • Assorted

4⁹⁹



INTERNATIONAL DELIGHT
COFFEE CREAMER
473mL • Assorted

3⁹⁹



SMUCKER'S PURE JAM OR
MARMALADE OR DOUBLE FRUIT
JAM 500mL • Assorted
Excludes Raspberry

6⁴⁹

JIF PEANUT BUTTER
1 kg • Assorted

6⁴⁹



GREENSMITH WILDFLOWER
HONEY 190mL

7⁹⁹



FOLGERS GROUND COFFEE
544-865g • Assorted

11⁹⁹



CARNATION HOT CHOCOLATE
7-10 pk • Assorted

4⁴⁹



FOLGERS K-CUPS
30 ct • Assorted

17⁹⁹



CARNATION
EVAPORATED MILK
354mL • Assorted

2/4⁴⁴



PEARL MILLING PANCAKE MIX
505g or SYRUP 710mL • Assorted

4⁴⁹



QUAKER CORN OR OAT SQUARES
OR LIFE CEREAL 375-506g

4⁹⁹



TETLEY DECAF TEA BAGS
60 ct

10⁴⁹



KING COLE TEA BAGS
60 ct

4⁴⁹



DEMPSTER'S
BAGELS
6 pk
Assorted

4⁴⁹

ChoiceCuts



3.49
lb

FRESH
CENTER CUT or
RIBS PORK LOIN
CHOPS
7.69 kg
Family Pack
Combination

CANADIAN AA OR HIGHER
STRIPLOIN GRILLING STEAKS
33.05 kg • Family Pack

14.99
lb



Fire up the Grill!



8.99
SUNRISE
BEEF
BURGERS
500g



13.99
ROADHOUSE CHICKEN or VEGGIE
BURGERS and BELMONT BURGERS
852-904g • Assorted



HOT DEALS



8.99
HOT DEAL
MAPLE LEAF
BLACK FOREST
HAM 500g
Black Forest only



5.99
SUNRISE DAWN HAM
300g



5.99
LEADBETTERS SMOKED SLICED BACON
375g



6.99
MAPLE LEAF SAUSAGE ROUNDS
300g • Assorted



8.99
WATSON RIDGE BURGERS, STRIPS
or NUGGETS 800g



12.99
SCHNEIDERS PORK or CHICKEN
SCHNITZEL 450g



10.99
BUTCHER'S SELECTION PORK BACK RIBS
680g • Assorted



3.99
HOT DEAL
MÈRE MICHEL
SLICED BOLOGNA
500g

From the Sea



2.19
lb
NEWFOUNDLAND FRESH MUSSELS
4.83 kg • Product of Newfoundland



6.99
FURLONG'S TRADITIONAL FISH CAKES
2 lb • Product of Newfoundland



9.99
FROZEN FISH BURGERS
5 lb bag



12.99
AQUA STAR TEMPURA TORPEDO STYLE
500g

Frozen

BAGEL BITES
PIZZA SNACKS
40 ct • 682g
Cheese, Sausage & Pepparoni

12.99



They're back!
When pizza's on a bagel,
You can eat pizza anytime!

4.77

GIUSEPPE
GARLIC FINGERS
317g



5.49
GREEN GIANT NIBBLERS
CORN ON THE COB 12 ct



6.99
MCCAIN FRIES
1.5 kg • Assorted



5.99
FURLANI STUFFED MOZZA
BREADSTICKS 326g



8.99
POGO
10 pk • 750g



6.49
MCCAIN DEEP 'N DELICIOUS
CAKE 510g • Assorted

Camping Essentials

MAXWELL HOUSE INSTANT COFFEE
150g • Original or Decaf **5⁹⁹**

HEINZ PICNIC PACK
3x375mL **7⁴⁴**

LA GRILLE BBQ SEASONING
148-203g • Assorted **5⁹⁷**

NEWFOUNDLAND KITTIWAKE WATER 5 L **2/\$8**

KRAFT SALAD DRESSING
425-475mL • Assorted **3⁴⁹**

VH COOKING, DIPPING OR STIR FRY SAUCE 341-355mL • Assorted **3⁹⁹**

CAMPBELL'S SPAGHETTI'S 425g **2/\$4**

KRAFT MIRACLE WHIP
475mL • Assorted **4⁴⁹**

DEMPSTER'S TORTILLAS
10 inch • Assorted **4⁹⁹**

CATELLI PASTA
375-500g • Assorted **2/\$5**

CATELLI GARDEN SELECT PASTA SAUCE 640mL • Assorted **3⁴⁹**

JOHN WEST KIPPERS
190g **2⁹⁹**

BLACK DIAMOND CHEESTRINGS
168g • Assorted **4⁹⁹**

BECEL MARGARINE
850g • Assorted **7⁹⁹**

A1 SAUCE
400mL **5⁴⁹**

FRENCH'S WORCESTERSHIRE SAUCE
295mL **3⁹⁹**

BICK'S SLICED BEETS
750mL **5⁴⁹**

BERTOLLI OLIVE OIL SPRAY
155mL • Assorted **4⁴⁹**

MINUTE MAID FRUIT PUNCH or NESTLE JUICE BOXES 10 pk **4²⁹**

HOLIDAY LUNCHEON MEAT
340g **3⁴⁹**

CLOVER LEAF WHITE ALBACORE TUNA
170g • Assorted **3⁹⁹**

ALLEN'S WHITE VINEGAR
500mL **2/\$3**

PURITAN CORNED BEEF HASH
425g **4⁹⁹**

KNORR ONION SOUP MIX 4 pk **3⁹⁹**

LA PERLA CANOLA or VEGETABLE OIL
946mL **4⁹⁹**

GRAVES JUICE
1L • Assorted **2/\$4**

OCEAN SPRAY CRANBERRY COCKTAIL 950mL **2⁹⁹**

GENERAL MILLS FRUIT BY THE FOOT 128g or **NATURE VALLEY PROTEIN BARS** or **PEANUT BUTTER BISCUITS** 148-190g **3⁹⁹**

DARE BRETON or VINTA CRACKERS
173-225g • Assorted **3²⁹**

Around the Home

12 DOUBLE or 9 MEGA ROLLS = 24 SINGLES

ROYALE BATHROOM TISSUE
9 Mega or 12 Double Rolls **7⁹⁹**

3 MEGA ROLLS = 5 SINGLES

ROYALE TIGER TOWELS
3 Mega Rolls **5⁹⁹**

LYSOL TOILET BOWL CLEANER
710mL **4⁴⁹**

PUREX LAUNDRY DETERGENT
4.43 L • Assorted **14⁹⁷**

ENERGIZER MAX BATTERIES
9 Volt, C 2 pk, D 2 pk AAA 2 pk or AA 4 pk **4⁴⁹**

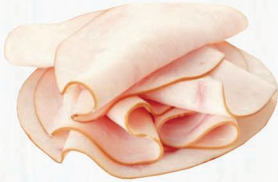
ECO-GUARDIAN PLANT BASED CUTLERY
30 ct **3⁹⁹**

SOLO PAPER PLATES
22-46 ct • Assorted **4⁹⁹**

CLUB SUPREME ZIPPER BAGS
6-60 ct • Assorted **2/\$4**

DAWN POWERWASH REFILL
473mL • Assorted **5⁹⁹**

Bakery & Deli



TURKEY ROLL
13.99 kg • Store sliced

6³⁵
lb



SUBS
Store made

5⁴⁹

DISCOVERY
SALADS
9.90 kg • Assorted

.99
per 100g



5⁴⁹

ARLA HAVARTI
200g • Assorted

5⁹⁹
STONEFIRE PIZZA CRUST
4 pk • 460g



GARLIC BREAD
Store made



6⁹⁹

APPLE VALLEY
8" LEMON MERINGUE PIE 520g

4³⁹

Baking

BROKEN GLASS JELL-O



7⁹⁹

LACTANTIA COUNTRY
CHURNED SALTED BUTTER
STICKS 454g



2⁹⁹

PILLSBURY CRESCENT ROLLS
226g • Assorted



New

2⁹⁹

FAVORITE SWEETENED
CONDENSED MILK 300mL



4/\$5

JELL-O JELLY POWDER
10-85g • Assorted

- (4) 3 ounce boxes Jell-O gelatin, assorted colors
- 4 cups boiling water
- (2) 25 ounce envelopes unflavored gelatin
- 2 cups hot water
- 14 ounce can sweetened condensed milk



Dissolve each box of Jell-O into its own individual container, using 1 cup of boiling water per flavor (no more than 1-inch deep.) Chill until solid, about 3 hours or overnight.

Once solid, cut each of the different flavors into small square cubes. Using a 9x13 glass dish, gently mix the cubes together in an even layer (being very careful not to break or tear them.)

In a medium-sized bowl, dissolve 2 envelopes of unflavored gelatin in 2 cups of hot water. Let the hot mixture cool slightly and then whisk in the sweetened condensed milk.

Let mixture cool to the touch, then evenly pour the mixture over the cubes of Jell-O. Chill in the refrigerator overnight.

Cut into squares and serve.



5⁹⁹

JELL-O NO BAKE
CHEESECAKE 314g



3⁹⁹

ROBIN HOOD OATS
1 kg • Assorted



5⁴⁹

KRAFT DREAM WHIP
170g



2⁹⁹

KNOX GELATIN
28g

Pet Supplies

PUP OF THE
WEEK



4/\$5

FRISKIES LIL' SOUPS
34g • Assorted



7⁹⁷

TEMPTATIONS MIXUPS CATNIP TUB
454g • Assorted



11⁹⁷

PURINA ONE
DOG FOOD
1.71.8 kg
Assorted



2/\$8

PURINA BEGGIN' STRIPS
170g • Assorted

Gracie

Long weekend vibes!

6⁴⁹	11⁴⁹	3/\$5	2/\$5	5⁴⁴
NESTLE PURE LIFE WATER 24x500mL	CORONA SUNBREW 6x330mL	KRAFT BBQ SAUCE 455mL • Assorted	FRENCH'S CLASSIC YELLOW MUSTARD 550mL or BICK'S SWEET GREEN RELISH 375mL	HEINZ KETCHUP 1L • Squeeze
5/\$5	3⁷⁹	2/\$6	2/\$9	2/8⁵⁰
SKITTLES OR STARBURST CANDY 51-61g • Assorted	KOOL-AID JAMMERS 10 pk • Assorted	HAWKINS CHEEZIES 210g	DORITOS 230-235g • Assorted	TOSTITOS CHIPS 205-295g or SALSA 418-430mL • Assorted
3/\$5	3⁴⁹	2⁴⁹	17⁹⁹	3⁹⁹
MAPLE LEAF VIENNA SAUSAGES 113g	CELEBRATION COOKIES 240-270g • Assorted	KRAFT JET-PUFFED MARSHMALLOWS 400g • Assorted	POWERADE 24x591mL	PEPSI PRODUCTS 6x710mL • Assorted

5⁹⁹	5⁹⁹	4/\$5	3⁹⁹	2/\$5
RED BARON PIZZA 584-665g • Assorted	SCOTSBURN PREMIUM ICE CREAM 1.5L • Assorted	FAVORITE SLICED or WHOLE MUSHROOMS 284mL	MARIO'S COOKED HAM 340g	KRAFT PASTA SALAD MIX 200g

4⁴⁹	7⁴⁹	7⁴⁹	4⁹⁹	2/\$5
FRANK'S RED HOT SAUCE 354mL • Assorted	PARKAY MARGARINE 3lb + 1/2 cup squares	SIMPLY ORANGE 2.63L • Assorted	BLACK DIAMOND NATURAL SLICES 220-280g or COMBOS 129g • Assorted	HAMBURGER HELPER 170-240g • Assorted

2⁹⁹	4⁴⁹	6⁹⁹	2⁷⁷
QUAKER INSTANT OATMEAL 232-344g • Selected	GENERAL MILLS CEREALS 300-380g • Selected	BLACK DIAMOND CHEESE BLOCKS 400g or SHREDS 300-320g • Assorted	PURITAN BEANS AND WIENERS 425g

5⁹⁹	2/6⁵⁰	2⁹⁹	3⁹⁹	3⁴⁹
ROBIN HOOD ALL PURPOSE FLOUR 2.5 kg	DEMPSTER'S THIN SANDWICH BREAD 675g • Assorted	PILLSBURY WIENER WRAPS 200g	VACHON SNACK CAKES 220-410g • Assorted	KRAFT COOL WHIP 225g • Regular or Light