



SWEET JUICY CLEMENTINES
Imported #1 • 2 lb bag

3⁹⁹



FRESH WHOLE CHICKEN
6.59 kg

2⁹⁹
lb



2⁹⁹
lb

FRESH SHOULDER PICNIC PORK ROAST
6.59 kg • Family Pack



FRESH BROCCOLI
US #1

2⁹⁹



RED RIPE RASPBERRIES
US or Mexico #1 • 6 oz clamshell

2/\$6



MAPLE LEAF WIENERS
375g Assorted

2⁹⁹



CRACKER BARREL CHEESE BLOCKS 400g or SHREDS 250-320g Assorted

5⁹⁷



AYLMER BROTHS or SOUPS
284mL • Assorted

4/\$5



FAVORITE FLAKED LIGHT TUNA 170g

4/\$5



PARKAY MARGARINE
427g

2⁴⁹



FAVORITE MANDARIN ORANGES 284mL

.99



JELL-O POWDER
10-85g • Assorted

.99



NESTLE PARLOUR FROZEN DESSERTS
1.5L • Assorted

3⁸⁸



LACTANTIA CREAM CHEESE
250g • Assorted

3⁴⁹



CASHMERE BATHROOM TISSUE
8 Triple or 12 Double Rolls

7⁹⁹



RUFFLES CHIPS
180-200g • Assorted

2/\$8



FRITO-LAY HALLOWEEN CHIPS
40 oz • Assorted

12⁴⁹



COKE or PEPSI PRODUCTS
24x355mL • Assorted

12⁴⁹

Fresh Produce



SWEET JUICY BLUE PLUMS
Ontario #1 • 1.5 L basket

7⁹⁹



SWEET BELL RAINBOW PEPPERS
Ontario #1 • 3 pk

5⁹⁹

Where Fresh comes first

SWEET CRUNCHY RED DELICIOUS APPLES Washington #1
6.59 kg

2⁹⁹
lb



SWEET JUICY BLACK PLUMS
California #1 • 8.80 kg

3⁹⁹
lb



2/\$3

JUICY RED GRAPEFRUIT
South Africa #1



ZESTY LEMONS
South Africa #1

4/\$5



LARGE STALK CELERY
Quebec #1

3⁴⁹



PLUMP RIPE TOMATOES
US #1 • 4 pk

3⁹⁹



SWEET RIPE HONEYDEW
US #1

5⁹⁹



FRESH CRISP ROMAINE HEARTS
Quebec #1
3 pk

4⁹⁹



BABY PEELED CARROTS
US #1
1 lb bag

2⁹⁹



WHOLE WHITE AND BROWN MUSHROOMS Ontario #1 • 8 oz cello

2/\$7



GREEN KIWIFRUIT
Chile #1

3/\$4

SWEET JUICY ORGANIC BARTLETT PEARS
US #1 • 2 lb bag

5⁹⁹



Organic

BABY SPINACH FAMILY SIZE
US #1 • 11 oz clamshell

4⁹⁹



Bakery & Deli



OAKRUN FARM ENGLISH MUFFINS
6 pk • White or Whole Wheat

2⁹⁹



SELECTION STYLE GARLIC TOAST
680g

5⁹⁹



SCHOOL SAFE MUFFIN BARS
8 pk • Assorted

3⁹⁹



BALDERSON CHEESE PORTIONS
126g

4⁹⁹



MASTRO SALAMI
125-150g • Assorted

5⁴⁹



QUAKER OATS 1 kg or HIGH FIBRE / PROTEIN INSTANT OATMEAL 228g • Assorted

4⁹⁹



HEINZ TOMATO JUICE
1.36L

4⁴⁹



DEL MONTE MORNING SUNSHINE JUICE
2.5L Assorted

7⁹⁹



JAKEMAN'S PURE MAPLE SYRUP 500mL

11⁹⁹



KELLOGG'S EGGO WAFFLES
280-330g • Assorted

3⁹⁹



GRAVES APPLE JUICE
1L

1⁸⁸



CLARK BEANS
227-398mL • Assorted

2/\$5



KRAFT CHEEZ WHIZ
450g • Assorted

5⁹⁹



KRAFT PEANUT BUTTER
750g • 1 kg • Assorted

6⁹⁹



MAXWELL HOUSE INSTANT COFFEE 150g • Original or Decaf

7⁹⁹



SELECTION FRUIT CUPS
4 ct • Assorted

3⁴⁹



HUNT'S PUDDINGS
12 pk • Assorted

5⁹⁹



MINUTE MAID or FIVE ALIVE JUICE BOXES 8x200mL • Assorted

2/\$7



DARE WAGON WHEELS
630g • Family size

6⁹⁹



VACHON SNACKS
220-410g • Assorted

3⁹⁹

ChoiceCuts

Ham it Up
this
Thanksgiving



14⁹⁹
lb

CANADIAN AA OR HIGHER
STRIPLOIN STEAK
33.05 kg • Family Pack

FRESH WHOLE
CRYOVAC PORK
TENDERLOIN
12.10 kg



5⁴⁹
lb

FRESH
CRYOVAC
PORK
BACK RIBS
14.31 kg

6⁴⁹
lb



FROZEN GRADE A DUCK
11.00 kg



4⁹⁹
lb

BREADED CHICKEN
PIECES
2 kg

14⁹⁹



3⁹⁹
lb

WHOLE PORK SHOULDER
SMOKED PICNIC HAM 8.80 kg



15⁹⁹

MITCHELL'S BONELESS SMOKED
HAM 1.5 kg

From the Sea



12⁹⁹
lb

FRESH ATLANTIC SALMON FILLETS
28.63 kg



8⁹⁹

MAPLE LEAF PRIME DRUMS
or THIGHS 1 kg



SUNRISE
WHOLE BOLOGNA
2 kg average

15⁹⁹



MÈRE MICHEL HONEY GARLIC
WINGS 505g

9⁹⁹



2/\$7

HIGH LINER
TEMPURA
BATTERED FISH
250g • Assorted



LEADBETTER'S SLICED BACON 375g
or SUNRISE DAWN HAM 300g

5⁹⁹



MÈRE MICHEL HONEY GARLIC
WINGS 505g

9⁹⁹



3⁸⁸

CAVENDISH FRIES or HASHBROWNS
800g • Assorted



6⁹⁹

MCCAIN OVAL HASHBROWNS
5 lb



14⁹⁹

MCCAIN PIZZA POCKETS
12 pk • Assorted



OXFORD FROZEN BLUEBERRIES
1.5 kg

14⁹⁹



5⁹⁹

KRAFT COOL WHIP
1 L • Assorted



2/\$4

DR. OETKER SHIRRIFF PIE FILLING
137-164g • Assorted



4⁴⁹

TENDERFLAKE PIE SHELLS
255-350g • Assorted



5⁹⁹

E.D. SMITH PIE FILLINGS
540mL • Assorted



4⁹⁹

PREMIUM PLUS CRACKERS
450-481g • Assorted



1⁷⁹

SELECTION ONION SOUP MIX
2 pk



2⁹⁹

MARIO'S CHOPPED HAM
340g



3/\$5

HEREFORD VIENNA
SAUSAGES 130g



10⁹⁹

KRAFT
MIRACLE
WHIP
1.5 L
Assorted



4⁹⁹

HEREFORD CORNED BEEF
340g



6⁹⁹

IRRESISTIBLE
K-CUPS
12 ct • Assorted



3⁹⁹

KRAFT SALAD
DRESSING
425mL
Assorted



12⁴⁹

CORONA CERO
6x330mL



10⁹⁹

MINUTE
RICE
2 kg
Jumbo Pack



7⁹⁹

MAZOLA COOKING
OIL
1.18 L
Assorted



2/\$6

PEDIGREE DOG FOOD
630g • Assorted

More great Savings



STONE CREEK TOMATOES
796mL • Assorted

3/\$5



MR. NOODLES - NOODLES IN A CUP 64g • Assorted

4/\$5

\$1.99 each

MAPLE LEAF FLAKES OF MEAT 150g
KRAFT MACARONI SALAD MIX 200g
or BIONATIA BEANS AND LEGUMES 399mL Assorted



mix n' match
2/\$5



PRIMO PIZZA SAUCE 375g, PRIMO PASTA 900g, HUNT'S THICK & RICH PASTA SAUCE 680mL or BETTY CROCKER HAMBURGER HELPER 170-240g • Assorted



ZINDA COUSCOUS
225-907g • Assorted

2/\$6



BLACK DIAMOND CHEESE SLICES 410g • Assorted

4.99



KELLOGG'S CEREALS
350-510g • Selected

4.99



PURITY CREAM CRACKERS or JAM JAMS 300-425g • Selected

4.88



2.99



2.99



3.99



CAVENDISH SHOESTRING FRIES
4.5 lb

7.99



RED BARON RISING CRUST PIZZA
740-780g • Assorted

6.99



CHAPMAN'S FROZEN TREATS
1L or 4-20 pk • Assorted

4.99



BLACK DIAMOND COMBOS 129g or NATURAL CHEESE SLICES 220-240g • Assorted

4.99



OCEAN SPRAY CRANBERRY COCKTAIL
3L Assorted

6.99



OASIS CHILLED JUICES
1.5L • Assorted

5.77



HAWKINS CHEEZIES
200g

2/\$6



DARE BRETON CRACKERS
120-250g • Assorted

2.99



PEPPERIDGE FARMS GOLD FISH CRACKERS 167-227g • Assorted

2/\$6



PARKAY MARGARINE
3lb • 1/2 cup squares

6.99



PAM COOKING SPRAY
170g

4.99



CARNATION EVAPORATED MILK
354mL • Assorted

2/\$5



OLD DUTCH KETTLE CHIPS, VEGGIE CRISPS or RESTAURANTE TORTILLA CHIPS 175-200g • Assorted

2/7.50



PEPSI PRODUCTS
6x710mL • Assorted

2/8.50



DARE SCARE PAWS
240g

2.29



REESE'S PEANUT BUTTER CUPS WITH CARAMEL 389g

8.99



HERSHEY'S MINI BARS
50 ct • 513g

13.99



SELECTION GRANOLA BARS
48 ct

12.99



PUREX LIQUID LAUNDRY DETERGENT
1.47-2.03L • Assorted

6.77



72 Elizabeth Drive, Gander 709-256-4843



We reserve the right to limit quantities. Prices do not include sales tax where applicable. Text prevails over photos.