

HAPPY
Victoria
DAY



4⁹⁹

SWEET JUICY CLEMENTINES
California #1 • 2 lb bags



LIGHTLY BREADED CHICKEN WINGS
2 kg • Individually Quick Frozen

19⁹⁹



MAPLE LEAF WIENERS
375g • Assorted

3/\$10



**PLUMP RIBE
BLACKBERRIES or BLUEBERRIES**
US or Mexico #1
6 oz clamshell

2/\$6

SWEET BABY BELL PEPPERS
Ontario #1 • 4 pk



4⁹⁹



**FRESH
LEAN GROUND BEEF**
13.21 kg • Family Pack

5⁹⁹
lb



COKE PRODUCTS
24x355mL • Assorted

11⁹⁹



PURITY JAM JAMS
425g

4⁴⁹



LAY'S POTATO CHIPS
200-235g • Assorted

3⁶⁷



PHILADELPHIA DIPS
227g • Assorted



IMPERIAL MARGARINE
427g



KRAFT CHEESE SINGLES
410g • Assorted

3⁹⁹
HOT DEAL



DEMPSTER'S XTRA SANDWICH BREAD 675g, HOLSUM BREAD 570, HOTDOG and HAMBURGER BUNS 8 pk or VILLAGGIO SAUSAGE and BURGER BUNS 6 pk • Assorted

2⁹⁹



NESTLE PARLOUR FROZEN DESSERTS 1.5L • Assorted

3⁹⁹



MAPLE LEAF VIENNA SAUSAGES
113g

3/\$5



CAMPBELL'S SOUPS
284mL • Cream of Mushroom, Tomato, Chicken Noodle or Vegetable

.99



FAVORITE SLICED or WHOLE MUSHROOMS
284mL

4/\$5



SELECTION WHIPPED DRESSING
890mL

4⁴⁹

Fresh Produce



3⁹⁹

FRESH BROCCOLI
California #1 or
THE LITTLE POTATO COMPANY
LITTLE POTATOES PEI #1 • 1 lb trays



2⁹⁹
lb

SWEET CRUNCHY
PINK LADY APPLES
Washington #1
6.59 kg



2/\$5

SWEET
SUCCULENT
MANGOES
Mexico #1



2⁹⁹

PLUMP RIPE TOMATOES
Florida #1 • 4 pk



3⁴⁹

LARGE STALK CELERY
California #1



1⁶⁹
lb

SWEET SEEDLESS WATERMELON
Florida #1 • 3.73 kg • 1/2's and 1/4's



2/\$3

GOLD KIWIFRUIT
New Zealand #1



5/\$5

ZESTY LEMONS
California #1



2⁹⁹

FRESH CRISP
ICEBERG LETTUCE
California #1



4⁹⁹
lb

FRESH ASPARAGUS
Ontario #1 • 11.00 kg



3⁴⁹

WHOLE BROWN
MUSHROOMS
Ontario #1
8 oz cello



1⁹⁹
lb

FRESH ZUCCHINI
Mexico #1 • 4.39 kg



3/\$4

SWEET
PEACHES AND
CREAM CORN
Florida #1

Bakery & Deli



3⁶⁹

4 PK CROISSANTS



3⁹⁹

2 PK LONG JOHNS



10⁹⁹

MINI CHEESECAKES
6 pc • Assorted



4⁹⁹

BALDERSON CHEESE PORTIONS
125g



5⁴⁹

SUBS Store made • Assorted



3⁶⁹

SELECTION CHOCOLATE CHIP COOKIES
270g or CRISPY RICE SQUARES 176g



2/4⁵⁰

LIFE SMART RICE CRACKERS
100g • Assorted



8⁹⁹

PURE LIFE SPRING WATER
35x500mL



5⁹⁹

SMUCKER'S DOUBLE FRUIT OR
NO SUGAR ADDED JAM 310-350mL
Assorted • Excludes Raspberry



SAVE \$1.50

6⁹⁹

JIF PEANUT BUTTER
1 kg • Assorted • Reg. 8.49



3⁹⁹

QUAKER OATMEAL
232-344g • Selected



5⁹⁹

KELLOGG'S
CEREAL
275-425g
Selected



4⁹⁹

INTERNATIONAL DELIGHT
COFFEE CREAMERS 473mL
Assorted



3⁴⁹

FRUITE BEVERAGES
1.54 L • Assorted



4⁹⁹

DANONE OIKOS
GREEK YOGURT
4 pk • Assorted



2⁹⁹

HUNT'S PUDDINGS OR GELS
4 pk • Assorted



6⁴⁹

JAKEMAN'S MAPLE SYRUP
250mL



2/\$4

MINUTE MAID OR FIVE ALIVE
1 L • Assorted



3⁹⁹

DOLE FRUIT BOWLS
4 pk • Assorted



7⁴⁹

PARKAY MARGARINE
3 lb • 1/2 cup squares

ChoiceCuts



14.99
lb

**CANADIAN AA OR HIGHER
STRIPLOIN STEAKS**
33.05 kg
Family Pack



3.49
lb

**FRESH CHICKEN
DRUMSTICKS
OR THIGHS**
Family Pack
7.69kg
Now AIR-CHILLED



**CANADIAN AA OR HIGHER
BONELESS STEW BEEF**
17.61 kg
Family Pack



7.99
lb

**FRESH CENTER CUT
PORK LOIN CHOPS**
Family Pack • 6.59 kg

**CANADIAN AA OR HIGHER
OUTSIDE ROUND
ROASTS or STEAKS**
19.82 kg • Family Pack

8.99
lb



2.99
lb



From the Sea



12.99
lb

FRESH ATLANTIC SALMON FILLETS
28.63 kg

New

11.99
lb

COUNTRY FRY BREADED SCALLOPS
40.60 ct • 26.43 kg



2.99

**CHRIS BROTHERS SLICED
SALAMI and PEPPERONI** 250g



3.99

CARVER'S CHOICE SLICED BACON
375g



4.99

GREENFIELD CHEDDAR SAUSAGES
300g



10.99

SUNRISE WHOLE BOLOGNA
1 kg average



14.99

**CARDINAL ROADHOUSE VEGGIE
BURGERS** 904g



12.99

BUTTERBALL TURKEY BURGERS
852g



12.99

STAMPEPE BEEF BURGERS
1 kg



3.99

**SCHNEIDERS MAIN STREET DELI
SMOKED HONEY HAM**
250g • Honey Ham only



6.99

MCCAIN DEEP 'N' DELICIOUS CAKES
510g • Assorted



7.99

MCCAIN POCKETS
540-600g • Assorted



4.99

GIUSEPPE GARLIC FINGERS
317g



9.49

POGO
750g • 10 pk



8.99

MCCAIN SYMPHONY FRIES
5 lb



5.99

HEINZ KETCHUP
1 L



10.99

BERTOLLI OLIVE OIL
500mL
Assorted



2/\$6

BETTY CROCKER CAKE MIX
375-461g • Assorted



2/\$7

BETTY CROCKER FROSTING
340-450g • Assorted



3.99

CRISCO SHORTENING
454g • Regular or Golden



1.99

GREEN GIANT VEGETABLES
341-398mL • Assorted



2/\$5

LIPTON CUP-A-SOUP
4 pk • Assorted



2/\$7

HOLIDAY LUNCHEON MEAT
340g



4.99

**LA PERLA VEGETABLE or
CANOLA OIL** 946mL



3.99

TIM HORTONS SOUP 540mL or
CHILI 425g • Assorted



4.99

BERTOLLI PASTA SAUCE
630mL • Assorted



4.49

FRANK'S RED HOT SAUCE
354mL • Assorted



2.99

STOVE TOP STUFFING
120g • Assorted



3.49

IDAHOAN MASHED POTATOES
389g



14.97

PUREX LAUNDRY DETERGENT
4.43 L • Assorted

MR. NOODLES FLAT PACKS 85g • Assorted **1.59**

KRAFT PASTA SALAD MIX 200g **1.99**

MARS BITES 400g **5.99**

KRAFT SALAD DRESSINGS 425-475mL • Assorted **2/\$7**

MAXWELL HOUSE INSTANT COFFEE 150g Regular or Decaf **6.99**

HEINZ PICNIC PACK 3 pk • 375mL **6.99**

KRAFT BARBECUE SAUCE 455mL • Assorted **1.99**

KRAFT JET-PUFFED MARSHMALLOWS 400g • Assorted **2.99**

SOLO PAPER PLATES 22 ct • 10 inch **3.99**

Adventure Awaits!

MAPLE LEAF FLAKES OF MEAT 156g • Assorted **2/\$4**

FAVORITE FLAKED LIGHT TUNA 170g **3/\$4**

SWISS CHALET GRAVY AND DIPPING SAUCES 284mL • Assorted **1.77**

TETLEY TEA 72 ct **5.49**

HEINZ CHILI SAUCE 455mL **4.99**

MINUTE RICE 350g • Regular only **2/\$5**

AYLMER TOMATOES AND ACCENTS 540-796mL • Assorted or MINUTE RICE 350g • Regular only

PRIMO PASTA 454g • Assorted **1.49**

PRIMO THICK & ZESTY PASTA SAUCES 680mL • Assorted **2.49**

HEINZ BEANS 398mL • Assorted **3/\$5**

KELLOGG'S POP TARTS 384-400g • Assorted **2.99**

RED BARON CLASSIC CRUST PIZZA 584-665g • Assorted **4.99**

NESTLÉ DRUMSTICKS 4-6 pk • Assorted **6.44**

SWANSON DINNERS 280-283g • Assorted **4.49**

IRRESISTIBLE K-CUPS 30 ct • Assorted **15.49**

FRUIT 20 SPARKLING WATER 502mL • Assorted **4/\$5**

PHILADELPHIA CREAM CHEESE 250g • Assorted **4.99**

BETTY CROCKER HAMBURGER HELPER 170-240g • Assorted **2/\$5**

BICK'S SWEET GREEN RELISH 375mL or **FRENCH'S MUSTARD** 400mL • Regular only **2/\$5**

DORITOS 230-235g • Assorted **2/\$9**

BLACK DIAMOND CHEESE BLOCKS 400g or **SHREDS** 300-320g • Assorted **5.99**

BAGEL BITES 40 ct • 882g **13.99**

CORONA SUN BREW 6x330mL **11.99**

GATORADE SPORTS DRINK 6x591mL • Assorted **5.49**

PEPSI or BUBLY PRODUCTS 12x355mL • Assorted **2/\$15**

TOSTITOS 205-295g or **PEPSI PRODUCTS** 6x701mL • Assorted **2/8.50**