

CO-OP TM/MC

Gander



**RED RIPE
STRAWBERRIES**
California #1
1 lb clamshell

3⁹⁹

SWEET JUICY ORANGES
Imported #1 • 3 lb bag

4⁹⁹

**FRESH
BONE-IN CHICKEN BREAST**
8.80 kg • Family Pack
Now **AIR-CHILLED**



3⁹⁹
lb



**FRESH CRISP
ROMAINE HEARTS**
California #1 • 3 pk

3⁹⁹



FROZEN RIB & TENDERLOIN PORK LOIN CHOPS
5.49 kg • Family Pack • Combination



MOM'S DONUTS
6-10 pk • Assorted
Reg. 5.49

3⁹⁹



**SCHNEIDERS
LUNCH KITS**
81-99g
Assorted

2⁹⁹



**MAPLE LEAF
PREMIUM COOKED HAM**
454g

**HOT DEAL
4⁹⁹**



PEPSI PRODUCTS
6x710mL • Assorted

**HOT DEAL
2/\$8**



PURITY CREAM CRACKERS
300-350g • Assorted

4⁴⁹



**PHILADELPHIA
CREAM CHEESE BRICKS**
250g • Regular or Light and
WHIPPED CREAM CHEESE
227g • Assorted

**HOT DEAL
3⁹⁹**



FAVORITE FLOUR
7 lb

5⁴⁹



KRAFT MIRACLE WHIP
475mL • Regular only

2⁹⁷



**SWEET BABY
RAY'S BBQ SAUCE**
425mL

**HOT DEAL
2⁹⁷**



**BECEL CANOLA
SUNFLOWER OIL 1L**

5⁹⁹



**BETTY CROCKER
HAMBURGER HELPER**
170-240g • Assorted

1⁹⁹



**HUNT'S THICK & RICH
PASTA SAUCE 680mL • Assorted**

2/\$4.44



CHAPMAN'S FROZEN TREATS
8-20 pk • Assorted

4⁹⁹



**DEMPSTER'S
THIN SANDWICH
BREAD 675g
+ HOTDOG and
HAMBURGER BUNS**
8 pk • Assorted

2⁹⁹



**GATORADE
SPORTS
DRINKS**
6x591mL
Assorted

2/\$11

PRICES IN EFFECT JUNE 5 6 7 8 9 10 11 2025

Fresh Produce



PLUMP RIPE BLUEBERRIES
US or Mexico #1 • Full pint

4⁹⁹



SWEET JUICY WATERMELON
Florida #1 • 3.73 kg
1/2's and 1/4's

1⁶⁹
lb

FULL PINT



SWEET CRUNCHY PINK LADY APPLES
Washington #1
6.59 kg

2⁹⁹
lb



PLUMP RIPE HOT HOUSE TOMATOES
Ontario #1 • 6.59 kg

2⁹⁹
lb



SWEET PEACHES AND CREAM CORN
Georgia #1

3/\$4



GOLDEN RIPE PINEAPPLE APPLES
Costa Rica #1

4⁹⁹



2⁹⁹

GRAPE TOMATOES
Mexico #1 • Pint basket



VIDALIA ONIONS
Georgia #1 • 5.49 kg

2⁴⁹
lb



SWEET JUICY PEACHES
California #1 • 8.80 kg

3⁹⁹
lb



SEEDLESS CUCUMBERS
Ontario #1

HOT DEAL
3/\$4



EXTRA LARGE GREEN PEPPERS
Georgia #1 • 6.59 kg

2⁹⁹
lb



GREEN KIWIFRUIT
Chile #1

3/\$4



FRESH AVOCADOS
Mexico #1

2/\$5



ORGANIC GALA APPLES
Washington #1 • 2 lb bags

5⁹⁹

Bakery & Deli



OAKRUN ENGLISH MUFFINS
340g • White or Whole Wheat

2⁹⁹



2 PK CREAM PUFFS
58g

4⁹⁹



QUINN'S SWISS ROLLS
400g • Assorted

5⁹⁹



CHRIS BROTHERS PIZZA VARIETY VALU PAK 175g

2⁹⁹



KAISER SANDWICH
Store made

3⁴⁹



BERNARD PURE MAPLE SYRUP
375mL

7⁹⁹



OASIS HYDRAFRUIT or DEL MONTE NECTAR JUICE BOXES 8x200mL • Assorted

4⁴⁹



GROS MORNE COFFEE
340g Assorted

14⁹⁹



FOLGERS COFFEE
12 ct • Assorted

8⁹⁹



MINUTE MAID or FIVE ALIVE
1L • Assorted

2/\$4



GENERAL MILLS OATMEAL CRISP
399g • Assorted

4⁹⁹



QUAKER INSTANT OATMEAL
339g • High Protein and Fibre • Assorted

4⁹⁹



DEMPTER'S WHOLE GRAIN BREADS
600g • Assorted

3⁴⁹



ASTRO YOGURT
12x100g • Assorted

6⁹⁹



OASIS CHILLED JUICES
1.5L • Assorted

5⁹⁹



SELECTION ICE CREAM CUPS
18 ct • Assorted

2/\$7



SELECTION WAFERS
200g • Assorted

1⁷⁹



KELLOGG'S EGGO WAFFLES
280-330g • Assorted

3⁹⁹



RED ROSE ORANGE PEKOE TEA BAGS 72 ct

5⁴⁹



LANTIC WHITE SUGAR
2 kg • Assorted

3¹⁹

ChoiceCuts



4⁹⁹
lb

FRESH WHOLE
CRYOVAC PORK
TENDERLOIN 11.00 kg



CANADIAN BEEF

MADE FROM
FRESH BEEF

FRESH
LEAN
GROUND BEEF
17.61 kg

7⁹⁹
lb

CANADIAN
AA OR HIGHER
INSIDE ROUND ROAST OR STEAK
17.61 kg • Family Pack



7⁹⁹

WATSON RIDGE CHICKEN
BURGERS, STRIPS or NUGGETS 800g



CANADIAN BEEF

6⁹⁹
lb

CANADIAN
AA OR HIGHER
BONELESS
STEW BEEF
17.61 kg • Family Pack



FRESH
CRYOVAC PORK BACK RIBS 13.21 kg

5⁹⁹
lb



8⁹⁹

MÈRE MICHEL
SMOKED DINNER HAM
800g



3⁹⁹

SCHNEIDERS
MAIN STREET DELI SMOKED
HONEY HAM 250g



2⁴⁹

MINA CHICKEN WIENERS
375g



SUNRISE
WHOLE
BOLOGNA
2 kg average

15⁹⁹

From the Sea



9⁹⁹

AQUASTAR SALMON FILLETS
440g



8⁹⁹

LARSEN WIENERS
900g • Assorted



12⁹⁹

BELMONT MEATS CHEESE &
BACON BURGERS 852g



5⁹⁹

SWIFT PREMIUM SLICED BACON
375g



2⁹⁹

CHRIS BROTHERS
PIZZA VARIETY PACK 175g



12⁹⁹

AQUASTAR TEMPURA TORPEDO
STYLE SHRIMP 500g



7⁹⁹

MCCAIN POCKETS
540-600g • Assorted



14⁹⁹

BAGEL BITES
882g • 40 ct



2/\$5

MICHELINA'S DINNERS
227-284g • Assorted



12⁹⁹

CAVENDISH CRISPY TEMPURA
ONION RINGS 1.5 kg



8⁹⁹

CAVENDISH
STRAIGHT CUT FRIES 5 lb



3⁹⁹

JAFFA PITTED DATES
500g



6⁴⁹

MAGIC BAKING POWDER
450g



2/\$5

JELL-O INSTANT PUDDING
153-170g • Assorted



5⁹⁹

IMPERIAL MARGARINE
850g



2⁶⁹

FRUITE
DRINKS
2 L
Assorted



1⁹⁹

CLOVER LEAF
FLAVOURED FLAKED TUNA
85g • Assorted



4⁷⁷

PURITAN CORNED BEEF HASH
425g



2⁹⁹

PURITAN MEATBALL, IRISH or
BEEF STEW 410g



1⁷⁹

SELECTION SAUCE
398mL • Assorted



3/\$5

SELECTION VEGETABLES
199mL • Assorted



1⁷⁷

RICE-A-RONI or PASTA-RONI
130-227g • Assorted



3⁹⁹

CATELLI PASTA 900g or NO YOLK
EGG NOODLES 340g • Assorted



3⁹⁹

PREGO PASTA SAUCES
645mL • Assorted



3⁶⁹

DARE BEAR PAWS, WHIPPETS
or ULTIMATES 140-300g • Assorted



10⁹⁹

ARM & HAMMER CAT LITTER
6.4 kg • Assorted

CHOCO DELISH DELICE
CHOCOLATE CHIP
CHOCOLATE DIPPER
30 ct

12⁹⁹

SELECTION
CHOCOLATE DIPPED BARS
30 ct

EVERSWEET
EVERSWEET MARGARINE 850g

6⁹⁹

HOLIDAY
LUNCHEON MEAT
340g

2⁹⁹

CHOCOLATE CHIP
CRISPY RICE SQUARES
CARBES - BIS
CROQUETILLANT
176g

2/\$6

SELECTION
MARVELOUS CHOCOLATE CHIP COOKIES 270g
or CRISPY RICE SQUARES 176g

5⁹⁹

CASA DI MAMA PIZZA
395-410g • Assorted

5⁹⁹

PARKAY
SWEET FOR BAKING
3 lb • 1/2 cup squares

6⁹⁹

PARKAY MARGARINE
3 lb • 1/2 cup squares

5⁹⁹

CLARK'S
CLARK'S BEANS
398ml • Assorted

1⁹⁹

Black Diamond
Lactose Free
MEDIUM • MI-FORT
MARBLE • MARBRÉ
400g

6⁹⁹

**Canada Day
BIKE RODEO
IN THE PARK**

OLD DUTCH VARIETY PACK
472g • Assorted

8⁴⁹

POWERADE SPORTS DRINKS
710ml • Assorted

3/\$5

HUMPTY DUMPTY SNACKS
250-320g • Assorted

3⁶⁹

COKE PRODUCTS
2L • Assorted

2/\$4

**LAY'S POTATO CHIPS or MISS VICKIE'S
KETTLE COOKED CHIPS** 200-220g • Assorted

2/8⁵⁰

FUSSELL'S THICK CREAM
170g

2/\$5

CARNATION EVAPORATED MILK
354ml • Assorted

2/4⁴⁴

JIF PEANUT BUTTER
1 kg • Assorted

6⁴⁹

SMUCKER'S PURE JAMS and MARMALADES or DOUBLE FRUIT JAMS
500ml • Assorted • Excluding Raspberry

6⁴⁹

SHAKE 'N BAKE
140-184g • Assorted

3⁹⁹

RED BARON SINGLES PIZZA
325g • Supreme only

3⁹⁹

LYNCH'S SAUCES
375ml • Assorted

3⁹⁹

CORONATION SWEET GREEN RELISH 375ml

2/\$5

HEREFORD VIENNA SAUSAGES 130g

3/\$5

CHEF BOYARDEE PASTAS
418-425g • Assorted

2⁴⁹

OCEAN SPRAY CRANBERRY COCKTAIL 3L Assorted

7⁴⁹

KRAFT PASTA SALAD MIX 200g

2/\$5

KOOL-AID JAMMERS 10 pk • Assorted

3⁴⁹

HEINZ TOMATO JUICE 1.36L

3⁹⁹

DEL MONTE MORNING SUNSHINE JUICE 2.5L Assorted

7⁹⁹

VACHON SNACK CAKES
220-410g • Assorted

2/\$7

DARE WAGON WHEELS or VIVA PUFFS 300-360g • Assorted

2⁹⁹

MINUTE MAID JUICE BOXES 10 pk • Assorted

2/6⁵⁰

DOLE GELS or FRUIT BOWLS 4 pk • Assorted

3⁹⁹

OLD DUTCH LIQUID LAUNDRY DETERGENT 2L or MR. CLEAN 1.2L • Assorted

3⁹⁹