



SWEET JUICY ORANGES
South Africa #1 • 3 lb bag

4⁹⁹



FRESH TENDERLOIN & RIB PORK LOIN CHOPS
6.59 kg • Family Pack • Combination

2⁹⁹
lb



SWEET BELL RAINBOW PEPPERS
Ontario #1 • 3pk

4⁹⁹



RED RIPE RASPBERRIES
Mexico #1
6 oz clamshell

2/\$6



FRESH CHICKEN WINGS
10.52 kg • Family Pack

4⁷⁷
lb



FRESH ATLANTIC SALMON FILLET
24.22 kg

10⁹⁹
lb



CHAPMAN'S NOVELTIES
4-20 pk • Assorted

3⁹⁹



PARKAY MARGARINE
427g

2⁴⁹



DEMPSTER'S HOLSUM BREAD
570g • White or Whole Wheat or HOTDOG and HAMBURGER BUNS 8 pk

2⁹⁹



FAVORITE BREAD & ROLL MIX
3 lb bags

4⁴⁹



FAVORITE MANDARIN ORANGES
284mL

5/\$5



LA PERLA VEGETABLE or CANOLA OIL
946mL

3⁴⁷



SWIFT PREMIUM COOKED HAM
454g

4⁹⁷



HEINZ KETCHUP
1L

4⁹⁷



HUNT'S THICK & RICH PASTA SAUCE
680mL or AYLMER TOMATOES 540-796mL Assorted

2/\$4



CATELLI PASTA
375-500g • Selected

2/\$4



TOSTITOS CHIPS 205-295g or **PEPSI PRODUCTS** 6x710mL • Assorted

2/\$8.50

Fresh Produce



SWEET JUICY
RED DELICIOUS,
GOLDEN DELICIOUS,
CORTLAND, GALA and
MCINTOSH APPLES
Nova Scotia #1
3 lb bags

6⁹⁹



3⁴⁹

WHOLE WHITE MUSHROOMS
Ontario #1 • 8 oz cello



2⁴⁹
lb

SWEET CRUNCHY
HONEYCRISP APPLES
Washington #1 • 5.49 kg



PLUMP RIPE
TOMATOES
US #1 • 4 pk

2⁹⁹



2/\$4

SEEDLESS CUCUMBERS
Ontario #1

SWEET JUICY
MINI
WATERMELON
US #1
4 lb average



6⁹⁹

EXTRA LARGE
GREEN PEPPERS
US #1 • 6.59 kg

2⁹⁹
lb



GROWN
RIGHT
HERE!



4⁹⁹

RED POTATOES
Grown Right Here #1
5 lb bags

FRESH
AVOCADOS
Mexico #1

2/\$4



GOLDEN RIPE
PINEAPPLES
Costa Rica #1

5⁹⁹



2/\$5 SWEET
SUCULENT
MANGOES
Brazil #1

5⁹⁹

TAYLOR FARMS
CHOPPED
SALADS
US #1 • 315-383g
Assorted



Bakery & Deli



4⁹⁹

CREAM PUFFS
2 pk • 58g



8⁹⁹

ATLANTA CHEESECAKE COMPANY
CHEESECAKE SLICES 4 pk • 12 oz • Assorted



4⁹⁹

APPLE VALLEY 8" CHERRY PIE
Seconds



4⁹⁹

SAPUTO NATURAL CHEESE SLICES
160-200g • Assorted



5⁹⁹

FANTINO & MONDELLO CURED
MEATS 100-200g • Assorted



5⁹⁹

KELLOGG'S EGGO WAFFLES
560g • Assorted



7⁹⁹

DEL MONTE
MORNING
SUNSHINE
ORANGE
JUICE
2.5L
Assorted



6⁴⁹

BONNE MAMAN MARMALADE OR
JAM 250-280mL • Assorted



2/\$7

MINUTE MAID OR FIVE ALIVE
8x200mL • Assorted



7⁴⁹

OCEAN
SPRAY
CRANBERRY
COCKTAILS
3L
Assorted



QUAKER SQUARES 375-500g, LIFE 425-450g, HARVEST
CRUNCH 400-510g or OATMEAL 228-305g • Assorted

4⁹⁹



4⁹⁹

GENERAL MILLS CHEERIOS
311-430g • Assorted



2/\$7

ROBIN HOOD
OATS
1 kg
Assorted



2/\$5

CARNATION EVAPORATED MILK
354mL • Assorted



23⁹⁹

FOLGERS COFFEE
816-865g • Assorted



3⁹⁹

COOKIE IT UP SHORTBREADS 140g, FIBRE 1
BARS 125-175g or NATURE VALLEY SWEET &
SALTY BARS 130-210g • Assorted



3⁹⁹

GAY LEA GOLD SOUR
CREAM 425mL



12⁹⁹

PURINA FANCY FEAST VARIETY PACK
12 pk • Assorted



3⁹⁹

BILLY BOOT BAGS
20 pk • Assorted

ChoiceCuts



WHITE MEAT
CHICKEN FRITTERS
15.41 kg



16⁹⁹
lb

CANADIAN AA OR HIGHER
PRIME RIB ROAST or STEAKS
37.46 kg • Family Pack

6⁹⁹
lb

Back by
popular
demand!

CANADIAN AA OR HIGHER
OUTSIDE ROUND ROAST or STEAKS
22.02 kg • Family Pack

9⁹⁹
lb



SCHNEIDERS
APPLEWOOD
SLICED SMOKED
HAM 600g

8⁹⁹



FRESH PORK LOIN CENTER CUT
CHOPS 7.69 kg • Family Pack

3⁴⁹
lb



FRESH
LEAN
GROUND
BEEF
17.61 kg

7⁹⁹
lb



MAPLE LEAF WIENERS
375g • Assorted

3⁹⁹



BUTCHER'S SELECTION STAMPEDE
PORK BACK RIBS 680g • Assorted

11⁹⁹



MAPLE LEAF PREPPED & READY
NATURAL MEATS 250g

5⁹⁹

From the Sea



FRESH CULTIVATED
NEWFOUNDLAND MUSSELS 5.49 kg

2⁴⁹
lb



BURNS COOKED HAM
375g

4⁹⁹



SELECTION CHICKEN WINGS
650g • Assorted

12⁹⁹



SELECTION CHICKEN NUGGETS,
BURGERS or STRIPS 800g

11⁹⁹



CHRIS
BROTHERS
BOLOGNA
1.5 kg

8⁹⁹



FURLONG'S
TRADITIONAL FISH CAKES 2 lb

6⁹⁹



MCCAIN POCKETS
540-600g • Assorted

7⁹⁹



CAVENDISH FRIES and HASHBROWNS
800g

3⁸⁸



SWANSON DINNER
280-283g • Assorted

4⁷⁷



FURLANI STUFFED MOZZA
BREADSTICKS 326g

5⁹⁹



POGO
10 pk • 750g

9⁹⁹



LACTANTIA CREAM CHEESE
250g • Assorted

3⁹⁹



PAM COOKING SPRAY
170g or KRAFT
DREAM WHIP 170g

5⁹⁹



BETTY CROCKER FROSTING
340-450g • Assorted

3⁴⁹



BETTY CROCKER CAKE MIXES
375-461g • Assorted

2⁴⁹



DEMPSTER'S
WHOLE GRAIN
BREADS
600g • Assorted

3⁴⁹



HEREFORD
VIENNA SAUSAGES
130g

3/\$5



HEINZ TOMATO SOUP
284mL • Assorted

3/\$5



CHRISTIE PREMIUM PLUS
CRACKERS 450-481g • Assorted

4⁹⁹



VH COOKING, STIR FRY or DIPPING
SAUCES 341-355mL • Assorted

3⁹⁹



FRASER
FARM
GRAVY and MEATBALLS
425g or
PURITAN
BEANS and
WIENERS
425g

2⁹⁹



PREGO PASTA SAUCE
645mL • Assorted

4⁴⁹



TILDA RICE
250g • Assorted

2⁹⁹



MINUTE RICE 600-700g
Assorted

4⁹⁹



ELITE HALAL LUNCHEON
MEAT 340g • Assorted

2/\$5



ORVILLE REDENBACHER'S
MICROWAVE POPCORN
340-540g • Assorted

4⁹⁹



CORONA CERO
6x330mL

12⁸⁸

Stay safe,
stay spooky,
and enjoy the
Halloween magic!



DARE WAGON WHEELS or VIVA PUFFS
300-315g • Assorted

288



DAINTY RICE
265g • Assorted

2/\$4



BLACK DIAMOND CHEESE BLOCKS 400g or
SHREDS 300-320g • Assorted

599



ROBIN HOOD FLOUR
2.5 kg • Assorted

599



KRAFT COOL WHIP
1 L • Assorted

499



QUAKER CHEWY or DIPS
GRANOLA BARS 120-156g • Assorted

249



TETLEY TEA
72 ct

499

Selection Try more. Spend Less. Savings you can taste!



SELECTION LONG GRAIN WHITE RICE
2 kg

499



SELECTION
PEANUT BUTTER
1 kg • Assorted

549



SELECTION
MILK CHOCOLATE
BAKING CHIPS 250g

499



SELECTION MELLOW BLEND
INSTANT COFFEE 200g

449



SELECTION FRUIT CUPS
4 pk • Assorted

299

mix n' match
2/\$4



CAMPBELL'S SPAGHETTIOS 425g, HUNT'S MANWICH SAUCE 398mL
or MAPLE LEAF FLAKES OF MEAT 156g • Assorted



GREEN GIANT VALLEY SELECTIONS
300-500g • Assorted

399



CAVENDISH SHOESTRING FRIES
4.5 lb

799



KRAFT CHEEZ WHIZ
450g • Assorted

499



RED BARON CLASSIC CRUST
AND SINGLES PIZZA 318-665g • Assorted

477



PARKAY MARGARINE 3 lb or
LACTANTIA BUTTER 454g • Assorted

699



OLD EL PASO SEASONINGS
24g • Assorted

2/\$3



OLD EL PASO TACO SHELLS 133g,
TORTILLAS 297-334g, MEXICAN RICE
215g or TACO SAUCE 243mL • Assorted

2/\$6



PHILADELPHIA DIPS
227g • Assorted

399



EVERSWEET MARGARINE
850g

699



JACOB'S CREAM CRACKERS
200g

2/\$5

mix n' match
2/\$6



KELLOGG'S RICE KRISPIES SQUARES 176-220g, PEPPERIDGE FARM GOLDFISH
CRACKERS 167-227g or CHRISTIE COOKIES 156-225g • Assorted



ROYALE BATHROOM TISSUE
9 Mega Rolls

799



SCOTTIES FACIAL TISSUES
6 pk

899



VACHON SNACKS
220-410g • Assorted

399



COKE PRODUCTS
1 L Assorted

4/\$5



COKE or PEPSI PRODUCTS
12x355mL • Assorted

2/\$15

GO TOP

72 Elizabeth Drive, Gander 709-256-4843



We reserve the right to limit quantities.
Prices do not include sales tax where applicable.
Text prevails over photos.